

QUALITY OF LIFE SPEAKING ENGAGEMENTS PERFORMED

DATE	VENUE	TITLE
5/14/05	Wrightsville Beach, NC	“Alimony and PSS – Ten Years After the Fact” NC Bar Association
10/30-11/3/05	Winner, SD	Business Ethics and Professionalism Seminar
7/16-17/04	Kiawah, SC	“25 th Annual Estate Planning and Fiduciary Law Program” NC Bar Association
7/16/04	Myrtle Beach, SC	“2004 Summer Law Conference” NC Council of School Attorneys and NC School Boards Association
5/14/04	Cary, NC	“Basics of Business Law” NC Bar Association
4/23/04	Cary, NC	“Mindful Health Care Practice Under the Antitrust Microscope – Joint Annual Meeting of the Antitrust and Trade Regulation Section and the Health Law Section” NC Bar Association
4/23/04	Raleigh, NC	“Estate Planning and Practice 2004” Wake Forest University CLE
4/16/04	Cary, NC	“Civil Litigation Update for The General Practitioner – General Practice Section Annual Meeting” NC Bar Association
3/5/04	Cary, NC	“All That Jazz” NC Bar Association
2/7/04	Wilmington, NC	“Recipe for the Effective Lawyer” NC Bar Association
11/1-5/03	Winner, SD	Business Ethics and Professionalism Seminar
2/8/03	Pinehurst, NC	“How the Effective Lawyer Meets the Challenges of 2003” NC Bar Association

11/2-6/02	Winner, SD	Business Ethics and Professionalism Seminar
7/18-20/02	Kiawah, SC	“23rd Annual Estate Planning & Fiduciary Law Program “ NC Bar Association
6/22/02	Wilmington, NC	“NC Bar Association Annual Meeting”
5/9-10/02	Cary, NC	“Basics of Business Law Seminar” NC Bar Association
2/22/02	Nashville, TN	“Tennessee Valley Public Power Association 2002 Legal Conference”
2/21/02	Nashville, TN	“Ethic’s and Professionalism Series: Ethics: More than Just a Line in the Sand” Nashville Bar Association
2/9/02	Wilmington, NC	“The Effective Lawyer in an Emerging World” NC Bar Association
11/3-7/01	Winner, SD	Business Ethics and Professionalism Seminar
9/19-21/01	Albuquerque, NM	“14 th Annual National Workshop for Lawyer Assistance Programs”
6/23/01	Asheville, NC	“Annual Meeting and 2001 Law Technology Expo” NC Bar Association
6/13-14/01	Lexington, KY	“Kentucky Bar Association Annual Meeting”
6/6/01	Mocksville, NC	Davie County Bar Association Meeting
5/18/01	Ocracoke Island, NC	Ocracoke Bar Meeting
3/19/01	Dobson, NC	Surry County Bar Meeting
2/10/01	Pinehurst, NC	“The Effective Lawyer in the Year 2001 and Beyond” NC Bar Association
12/1/00	Kansas City, MO	“Ethics-More than a Line in the Sand” University of Missouri – Kansas City School of Law
11/4-8/00	Winner, SD	Business Ethics and Professionalism Seminar

8/28-30/00	Cary, NC	“Venturing into the Real World: NC Practical Skills, 2000” NC Bar Association
7/21-22/00	Asheville, NC	“2000 Family Law Specialists Meeting”
5/19/00	Greensboro, NC	“Ethics for the Bankruptcy Attorney: What You Don’t Know Can Hurt You!” NC Bar Association
5/5-6/00	Myrtle Beach, SC	“The NC Workers’ Compensation Act – Unlock the Mysteries of the Courts, the Commission and Mediation” NC Bar Association
4/14/00	Triangle Park, NC	“What’s Hot in Health Law? Health Law Section Annual Meeting” NC Bar Association
4/6-7/00	Cary, NC	“Basics of Business Law” NC Bar Association
1/21-22/00	Pinehurst, NC	“Better Professional Effectiveness Through Better Balance” NC Bar Association
10/30-11/3/99	Winner, SD	Business Ethics and Professionalism Seminar
9/24-10/3/99	Tarboro, NC	“How to Avoid Overload: Stress Management in a Crisis Situation” given to NC & KY Army National Guard in the aftermath of Hurricane Floyd
8/26/99	Cary, NC	“Starting Out: Unlocking the Secrets of a Solo/ Small Firm Practice” NC Bar Association
6/18/99	Asheville, NC	“NC Bar Association Annual Meeting”
5/22-23/99	Asheville, NC	“Law Practice Management Section Spring Meeting” American Bar Association
1/29-30/99	Pinehurst, NC	“Professional Teeter Boarding: The Well Balanced Lawyer” NC Bar Association
11/12/98	Greensboro, NC	“Ethics- More Than A Line In The Sand”

		NC Bar Association
8/28/98	Cary, NC	“Starting Out: Unlocking the Secrets of a Solo/ Small Firm Practice” NC Bar Association
6/18-21/98	Myrtle Beach, SC	“NC Bar Association Annual Meeting”
6/15/98	Chapel Hill, NC	“Ethics- More Than A Line In The Sand” NC District Attorney’s Association
5/29/98	Charlotte, NC	“1998 Spring Consumer Bankruptcy Seminar” Mecklenburg County Bar
4/2-3/98	Cary, NC	“Basics of Business Law” NC Bar Association
12/12-13/97	Pinehurst, NC	“20 th Annual Bankruptcy Institute Meeting” NC Bar Association
12/4/97	Oklahoma City, OK	“Law Office Management for the Solo or Small Firm” Oklahoma Bar Association
9/19-20/97	Sunset Beach, NC	“Improving Professional Competency & Lawyer Effectiveness” NC Bar Association
5/10/97	Asheville, NC	NCEMC Attorneys Association Meeting